

**Kaiser Permanente National Diving Championships**  
**July 22-27, 2008**  
**(Sanction # 37-124)**

**Meet Director:**

Donna Frescura  
(323) 559-1898  
[donna@cfcorp.com](mailto:donna@cfcorp.com)

**Meet Site:**

AAF Rose Bowl Aquatics Center  
360 N. Arroyo Blvd.  
Pasadena, Ca. 91103  
(626) 564-0330  
[www.rosebowlaquatics.org](http://www.rosebowlaquatics.org)

**Register ON LINE:**

<http://www.divemeets.com>

**Contact:**

Cristina Perovich – Head Coach  
(805) 208-2679  
[diving@rosebowlaquatics.org](mailto:diving@rosebowlaquatics.org)

**Dates:** July 22-27, 2008

**Facility:** 1-meter-(2) Model B on concrete stands (new in '05)  
3-meter-(2) Model B on concrete stands (new in '06)  
5, 7.5 & 10 meter platforms with rough-tex surface (new in '08);  
14-16 ft. depth

**Coach Meeting:** Monday, July 21 at 7:00 PM \*upstairs conference room

**Coaches:** A reminder that you must meet all USA Diving safety certification requirements to be allowed on deck at USA Diving events. This will be strongly enforced in 2008. For more information on the requirements, please [click here](#). To see when safety training classes are offered, [click here](#).

**Practice Times:** Saturday, July 19: 7:00AM – 9:00PM open  
Sun. & Mon., July 20 & 21: 7AM-8AM and 6PM-9PM open, 8AM-6PM 1 hr flights  
Tue., Wed., Thu., July 22-24: 7AM-7:30AM and from end of competitions 'til 9PM open-7:30AM-2:30PM 1 hr flights / ½ hr. between events.  
Fri., July 25: 7AM-7:30AM and from end of competition 'til 9PM open – 7:30AM-11:30AM 30 min. flights; ½ hr. between women's and men's qtr's and semis/45 min. between women's semis and men's qtr's  
Sat. & Sun. July 26&27: 8AM-12 PM open

**Schedule of Events:**

**Tuesday, July 22**

**Start 1st Event: 3:00 PM**

- 1: Women's 3-Meter Syncro Prelim.
- 2: Men's 10-Meter Syncro Prelim.
- 3: Men's 3-Meter Syncro Prelim.
- 4: Women's 10-Meter Syncro Prelim.

**Wednesday, July 23**

**Start Event 5 & 6: 3:00 PM**

- 5: Women's 3-Meter Quarterfinal
- 6: Men's 1-Meter Semifinal
- 7: Women's 3-Meter Semifinal
- 8: Men's 1-Meter Final

**Thursday, July 24**

**Start Events 9 & 10: 3:00 PM**

- 9: Men's 3-Meter Quarterfinal
- 10: Women's 1-Meter Semifinal
- 11: Men's 3-Meter Semifinal
- 12: Women's 1-Meter Final

**Friday, July 25**

**Start Events 13 & 14: 12:00 PM**

- 13: Women's 10-Meter Quarterfinal
- 14: Women's 10-Meter Semifinal
- 15: Men's 10-Meter Quarterfinal
- 16: Men's 10-Meter Semifinal

**Saturday, July 26**

**Start 1st Event: 12:00 PM**

- 17: Women's 3-Meter Final
- 18: Men's 10-Meter Final
- 19: Women's 3-Meter Syncro Final
- 20: Men's 10-Meter Syncro Final

**Sunday, July 27**

**Start 1st Event: 12:00 PM**

- 21: Men's 3-Meter Final
- 22: Women's 10-Meter Final
- 23: Men's 3-Meter Syncro Final
- 24: Women's 10-Meter Syncro Final

**Directions:**

Burbank (14 miles from pool) and LAX (31 miles from pool) Airports are serviced by all major airlines.

**From 134 Freeway East:** Exit Orange Grove, Left onto Orange Grove, Left onto Holly, Left onto Arroyo Drive, Right onto Arroyo Blvd, follow to parking lot.

**From 210 Freeway West:** Exit Orange Grove, go thru the light, past Orange Grove (you are on Holly), Left onto Arroyo Drive, Right onto Arroyo Blvd, follow to parking lot.

**From 210 Freeway East:** Exit Seco, Right onto Seco, follow Seco past Rose Bowl, Left onto Arroyo Blvd, follow to parking lot.

**Hotels:**

THS Company, the Official Housing Service for USA Diving, has reserved hotel room blocks close to the venue at very good rates. To make hotel reservations, please click on the following link:

<http://www.ths-usad.com> You can also make reservations by calling THS at 888-536-TEAM (8326)



**USA<sup>TM</sup>**  
**DIVING**