

# 2008 Summer Junior Region 2 Championships

June 13-15, 2008

(Sanction # 02-128)

**Meet Director:**  
Karla Helder  
89 Alumni Arena  
Buffalo, NY 14260  
716 531 3083

**Meet registration:**  
[www.Divemeets.com](http://www.Divemeets.com)

**Dates:** Friday, June 13 – Saturday, June 14 – Sunday, June 15, 2008  
**Event Fees:** \$30 per event. Late fee: \$30 one time late fee  
**Late dive sheets** will be \$15 per event.

**Meet site:** University at Buffalo, Alumni Arena  
89 Alumni Arena, Buffalo, NY 14260

**Facility:** Two 1 metres/concrete stands, two 3 metres/concrete stands. Model B's.  
**Tower:** 5, 7.5, 10 metres with mondo surface and 18 feet depth.

**Coaches Meeting:** Friday June 13 @ 3 pm Sanford Lounge.

## Coaches

A reminder that you must meet all USA Diving safety certification requirements to be allowed on deck at USA Diving events. This will be strongly enforced in 2008. For more information on the requirements, please [click here](#). To see when safety training classes are offered, [click here](#).

**Coaches Reminder:** USA diving safety certification required to be allowed on deck. Please be prepared to show evidence of certification.

**Practice hours:** Fri. June 13- noon to 3pm. Open warm up.  
Sat. June 14& Sun. June 15: 7-8am, open warm- up. 45 minute warm-up before each event.

## Schedule of Events:

**Friday June 13**  
Start 1<sup>st</sup> event: 4 pm  
13 & under/ 14-15 G/B tower  
16/18 B 1m/G 3m

**Saturday June 14**  
Start 1<sup>st</sup> event: 9 am  
16-18 G 1m/ B 3m  
11 & under G 1m/ B 3m  
12-13 G 1m/ B 3m  
14-15 G 3m/ B 1m

**Sunday June 15**  
Start 1<sup>st</sup> event: 9 am  
16-18 G/B Tower  
11 & under G 3m/ B 1m  
12-13 G 3m/ B 1m  
14-15 G 1m/ B 3m

**USA DIVING™**

**Directions from Airport: Take the 33 to 90 east. Stay in the right lanes to the 290. Take the Millersport exit #5b then take the left into Coventry Entrance to UB. After the stop take a right towards the stadium and follow the road around to the back of the building ( alumni arena) on your left. You may park in the LaSalle lot behind Alumni Arena.**

**Hotels:**

**Choice Hotels: Choice Hotels is the official hotel partner of USA Diving.** Choice provides USA Diving with discounted room rates and every room night booked directly benefits USA Diving programs. Choice brands include Comfort Inn, Comfort Suites, Quality, Clarion, Sleep Econo Lodge, MainStay Suites and Rodeway Inn.

**Comfort Inn**

1 Flint Road  
Amherst, NY 14226  
Choice Sports Line:  
1-877-240-2929  
Quote USA Diving rate code:  
00169370  
Rate Range: \$81-\$90/night  
Free Continental Breakfast  
Distance from pool: less than a mile  
[Click here to book rooms](#)

**Sleep Inn**

75 Inn Keepers Lane  
Amherst, NY, US, 14228  
Choice Sports Line:  
1-877-240-2929  
Quote USA Diving rate code:  
00169370  
Rate Range: \$98-\$115  
Free Continental Breakfast  
Distance from pool: 2 miles  
[Click here to book rooms](#)

**Other Hotels:**

**Host Hotel**

**Ramada Hotel and Conference Centre**  
2402 N. Forest Road  
Amherst, NY 14226  
716-636-7500  
Mention USA for \$65 rate

**Hotel Indigo**  
10 Flint Road  
Amherst, NY 14226  
716-689-4414

**Red Roof Inn**  
42 Flint Road  
Amherst, NY 14226  
716-689-2051